Walking in Swale

The borough of Swale is in the North Kent and has lots to offer visitors, from 'Blue Flag' (2018) award-winning beaches on the Isle of Sheppey, to the busy historic market towns of Faversham, Sheerness and Sittingbourne. There are also a number of pretty villages nestled in the Kent Downs Area of Outstanding Natural Beauty and a vast expanse of marshes, nature reserves and country parks where visitors can go walking.

The map and routes in this file are just quick examples of opportunities within the three town areas that will also take in attractions listed on the Visit Sale website pages. If you want your attraction listed please contact – **tourismsupport@swale.gov.uk**

There are many examples of other walks and or websites that you can get inspiration from to get out and be a bit more active and those we are aware of are listed on the Visit Swale website -www.visit-swale.co.uk/see-and-do/cycling-and-walking/ - again if you know of others let us know and we can add the information to the pages.

Volunteering in Swale

Volunteers are the backbone to many of the tourist destinations and attractions in Swale. Without their dedication, hard work and innovative ideas, many of the things that bring people to Swale just wouldn't continue to be there.

Could you give your time, energy and expertise to some of these organisations? Why not get involved and volunteer? For more information on how to get involved please contact the organisations directly or visit **www.do-it.org.uk**

All locations have been taken from the 'Plan your visit' and Come and explore' pages of the Visit-Swale website.

Contact us on **tourismsupport@swale. gov.uk** to get your locations added.

Faversham
Isle of Sheppey
Sittingbourne



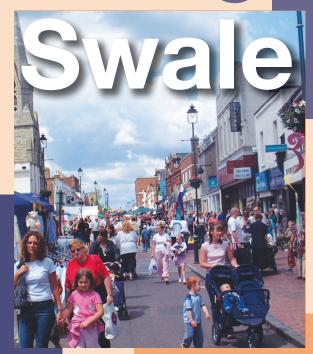


www.activeswale.co.uk



www.visit-swale.co.uk

Walking In



Sittingbourne walks and guide map

Explore some of the many attractions listed on the Visit Swale website.



Faversham
Isle of Sheppey
Sittingbourne





Sittingbourne/Milton Regis Walks

Please check with destination for opening times.

Walk 1 - Sittingbourne High Street

The Forum, ME10 3DL

01795 428054 - https://theforumsc.co.uk

Features a range of shops, selling everything from groceries, fashion, jewellery and much more.

2. The Heritage Hub, ME10 3DL

07778 793079 - www.hrgs.co.uk

Situated within the Forum Shopping Centre to provide exhibitions and information of local interest.

3. The Avenue Theatre, ME10 4DN 01795 471140 – www.avenuetheatre.co.uk

The theatre offers a wide range of events including musicals, fun childrens productions, live music and movies.

4. Swallows Leisure Centre, ME10 4NT 01795 420420 – www.swaleleisure.com
Offering a wide variety of sport facilities..

5. New Century Cinema, ME10 4PE 01795 394995 – www.cinemasittingbourne.co.uk

The Cinema screens films for all ages, including new releases.

 Old Forge Wartime House, ME10 4RT 01795 479252 – http://oldforgewartimehouse.co.uk
 Step back in time and see how families lived and worked throughout the war.

7. Sittingbourne Heritage Museum, ME10 4BQ 07472 268388 – www.sittingbourne-museum.co.uk

Houses many objects from Sittingbourne and the surrounding villages.

Walk 2 - Milton Regis round trip

- 1 The Forum (see above)
- 2. Sittingbourne & Kemsley Light Railway, ME10 2XD 01795 424 899 www.sklr.net

Take a journey on the town's steam railway, the last remaining link to its paper-making heritage. The Sittingbourne and Kemsley Light Railway takes visitors on a fascinating journey from Sittingbourne to Kemsley Down.

3. Milton Regis Court Hall Museum, ME10 2AN 01795 471876 – www.friendsofmiltonregiscourthall.co.uk

Dating from about 1450, and designed as a court and administrative centre, it was also central to Milton's market.

4. Milton Creek Country Park, ME10 2HA 01795 417389 – http://miltoncreek.co.uk

The park is Swale Borough Councils newest green space. Attractions include a community events space, natural play area and fishing lake.